# METABOLISME GLUKOSA, UREA, DAN TRIGLISERIDA (TEKNIK SPEKTROFOTOMETRI)

**Tujuan:** i) Mengerti prinsip–prinsip dasar mengenai teknik spektofotometri (yaitu prinsip dasar alatnya, kuvet, standard, blanko, serta Hukum Beer-Lambert dll).
ii) Latihan pembuatan dan penggunaan larutan stok
iii) Kumpulkan data kadar glukosa, trigliserida dan urea darah
iv) Latihan pembuatan dan interpretasi grafik
v) Persiapan untuk praktikum Metabolisme II" di mana Anda akan mendesain dan melakukan percobaan yang berdasarkan teknik-teknik pratikum ini

**Kegiatan praktikum ini diadaptasi dari bahan:*
Renato M. Passos, R.M., Se´, A.B., Wolff, V.L., Nobrega, Y.K.M. & Hermes-Lima, M. 2006. Pizza and pasta help students learn metabolism. *Adv Physiol Educ* 30: *89–93*.

**Pendahuluan*:*** Spektrofotometri merupakan salah satu dari beberapa teknik yang sering dipakai secara rutin di laboratorium biokimia. Pada dasarnya, dengan teknik spektrofotometri kita dapat mengukur jumlah cahaya yang melewati sampel larutan. Jumlah cahaya yang diserap oleh larutan sampel berkaitan dengan konsentrasi unsur tertentu di dalam larutan sampel tersebut. Teknik ini dapat digunakan untuk memonitor perubahan warna (yaitu perubahan pada jumlah cahaya yang diserap) yang kualitatif dan mengukur konsentrasi bahan secara kuantitatif.
Ingatlah dari bahan kuliah spektrofotometri:

$$\mathbf{A = \varepsilon dc}$$

dimana **c** = konsentrasi larutan itu (satuan adalah **M**),
**ε** = koefisien absorpsi molar ($\mathbf{M^{-1}cm^{-1}}$),
**d** = jarak dilalui cahaya (**cm**)
**A** = serapan

Ingatlah pula Hukum Beer-Lambert, untuk larutan standard (LS): $\mathbf{A_{LS} = \varepsilon d c_{LS}}$
menyusun kembali:

$$\mathbf{A_{LS} / c_{LS} = \varepsilon d} \qquad \textit{(persamaan 1)}$$

Sama juga dengan larutan sampel (LX): $\mathbf{A_{LX} = \varepsilon d c_{LX}}$
dan $\mathbf{A_{LX} / c_{LX} = \varepsilon d}$ *(persamaan 2)*

Dari persamaan 1 dan 2 kita bisa menulis

$$\mathbf{A_{LS} / c_{LS} = A_{LX} / c_{LX}}$$

menyusun kembali: $\mathbf{c_{LX} = A_{LX} \cdot c_{LS} / A_{LS}}$ *(persamaan 3)*

Akibatnya, Anda bisa menghitung $\mathbf{c_{LX}}$ ketika Anda sudah mengetahui nilai $\mathbf{A_{LX}}$, $\mathbf{c_{LS}}$ and $\mathbf{A_{LS}}$.

**Cara Kerja*:***

***Alat dan Bahan:***

| | | |
|---|---|---|
| tourniquet | swab alkohol | tempat pembuangan yg tajam |
| jarum | EDTA | tempat pembuangan yg kena darah |
| pipet Mohr: (1ml & 5ml) | urea | Kit pemeriksaan urea |
| alat sentrifus klinik | glukosa | Kit pemeriksaan glukosa |
| alat spektrofotometer | kuvet | Kit pemeriksaan trigliserida |
| waterbath 37°C | tabung reaksi dan rak | pipet otomatik 10µl - 100µl |
| pipet tetes | kuvet plastik | alat spektrofotometer |

***Larutan stok yang perlu disiapkan***

**Larutan stok urea:** siapkan 10mL larutan urea pada kadar 1,0 g/L (atau 100mg/dL)

∴jumlah bubuk urea yang dibutuhkan: _____g

**<u>Larutan stok glukosa</u>:** siapkan 50mL larutan glukosa 1,5 g/L (150 mg/dL)

∴jumlah bubuk glukosa yang dibutuhkan: _____g

**Pengenceran untuk kurva kalibrasi (*Standard Curve)* <u>dari larutan stok</u> tersebut:**

**Urea :**

| nomor tabung | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
|---|---|---|---|---|---|---|---|---|
| pengenceran urea/glukosa | stok | 1:1 | 1:3 | 1:7 | 1:15 | 1:31 | 1:63 | 1:127 |
| faktor | - | 2 | 4 | 8 | 16 | 32 | 64 | 128 |

**Glukosa :**

| nomor tabung | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
|---|---|---|---|---|---|---|---|---|
| pengenceran urea/glukosa | stok | 1:1 | 1:3 | 1:7 | 1:15 | 1:31 | 1:63 | 1:127 |
| faktor | - | 2 | 4 | 8 | 16 | 32 | 64 | 128 |

**Protein :**

Pemeriksaan protein plasma tidak menggunakan kurva kalibrasi, gunakan larutan standard yang terdapat di dalam **Protein Test Kit**

**Persiapan panjang gelombang max :**

**Urea :**

- Siapkan factor 8 standard urea dan tentukan panjang gelombang makasimum menggunakan spektrofotometer UV/Vis dengan λ: 500-700 nm
- Gunakan panjang gelombang maksimum ini untuk penentuan absorbansi kurva standard dan sampel

**Glukosa :**

- Siapkan factor 8 standard glukosa dan tentukan panjang gelombang makasimum menggunakan spektrofotometer UV/Vis dengan λ: 400-600 nm
- Gunakan panjang gelombang maksimum ini untuk penentuan absorbansi kurva standard dan sampel

**Protein :**

Panjang gelombang maksimum pada pemeriksaan protein plasma tidak di lakukan, gunakan panjang gelombang yang terdapat di dalam **Protein Test Kit**

**Pemeriksaan Glukosa, Protein dan Urea**

Kita akan menggunakan kit DisSys untuk pemeriksaan glukosa, Protein dan urea. Prosedur kerjanya dilampirkan tapi cara kerja secara singkat seperti berikutnya:

1. **Persiapan sampel**
   a. ~ 1 ml darah diambil ke dalam wadah yang berisi EDTA. Menggunakan alat sentrifugasi klinik untuk memisahkan sel-sel darah dari plasma. Akan diperoleh ± 500µl plasma tapi hanya 10µl dibutuhkan untuk pemeriksaan glukosa, Protein dan urea.
   b. Siapkan pengenceran glukosa seperti kegiatan praktikum sebelumnya sebagai sampel glukosa (untuk membandingkan konsentrasi yang diprediksi/perhitungan dengan konsentrasi yang diperoleh dengan spektrofotometer)

2. **Optional :**Pemeriksaan terhadap glukosa, protein serta urea berdasar reaksi enzim (lihat lampiran). Aktivitas enzim dipengaruhi oleh suhu, jangan biarkan pekerjaan Anda terlalu lama dimeja kerja setelah masa inkubasi selesai. Secepat mungkin langsung dilakukan pengukuran absorbansi setelah masa inkubasi selesai. Oleh karena periode reaksi harus diatur dengan baik, kerjakan setiap bagian satu per satu (yaitu inkubasi untuk sampel-sampel pengenceran *doubling* dan *decimal,* maupun pemeriksaan glukosa, protein dan urea).
3. Alat spektrofotometer yang akan kita pakai berada di Laboratorium lain. Supaya tidak jadi antrian yang sangat lama untuk menggunakan alat tersebut, diharap grup meja masing-masing membagi sampel-sampel yang mau diperiksa dalam dua atau tiga bagian dan membawa bagian-bagian tersebut ke Lab. Spektrofotometer setelah siap untuk diperiksa.
4. Khususnya dengan kit urea, reagensia A harus disiapkan baru setiap periode praktikum dan siimpan pada botol gelap. Jagalah supaya reagensia A tidak terkontaminasi!
5. Cara persiapan sampel plasma untuk pemeriksaan glukosa, trigliserida dan urea, atau sampel pengenceran *doubling* dan *decimal* (glukosa atau urea) dicatat di bawah ini:

**Pemeriksaan Kadar Gula Darah**

| | BLANKO | STANDARD | SAMPLE |
|---|---|---|---|
| reagensia kit | 1000 µl | 1000 µl | 1000 µl |
| standard | - | 10 µl | - |
| Sample | - | - | 10 µl |
| Mix, incubate at 37°C, 10 min, Measure absorbance with λ 500 nm | | | |

**Pemeriksaan Kadar Total Protein Plasma**

| | BLANKO | STANDARD | SAMPLE |
|---|---|---|---|
| reagensia kit | 1000 µl | 1000 µl | 1000 µl |
| standard | - | 10 µl | - |
| Sample | - | - | 10 µl |
| Mix, incubate at 37°C, 10 min, Measure absorbance with λ 530 nm | | | |

**Pemeriksaan Kadar Urea Plasma**

| | BLANKO | STANDARD | SAMPLE |
|---|---|---|---|
| reagensia A | 1000 µl | 1000 µl | 1000 µl |
| reagensia B | 1000 µl | 1000 µl | 1000 µl |
| Mix, incubate at 25°C, 5 min, Measure absorbance with λ 530 nm | | | |
| standard | - | 10 µl | - |
| Sample | - | - | 10 µl |
| Mix, incubate at 25°C, 5 min, Measure absorbance with λ 600 nm | | | |

6. Catat hasil serapan (*absorbance*) yang diperoleh dengan alat spektrofotometer pada tabel-tabel berikut. Kumpulkan data dari grup meja yang lain supaya data lengkap.

   - ☐ hasil pengenceran *doubling* dan *decimal* urea dan glukosa (Tabel 1a, 1b, 2a, 2b)
   - ☐ hasil periksaan glukosa, trigliserida dan glukosa dari 5-9 mahasiswa (Tabel 4)

**Tabel 1 : UREA – data untuk kurva kalibrasi**

**Konsentrasi stok urea = 100 mg/dl**

| [mg/dl] | konsentrasi | grup meja__ | grup meja__ |
|---|---|---|---|
| Stok | | | |
| 2 | | | |
| 4 | | | |
| 8 | | | |
| 16 | | | |
| 32 | | | |
| 64 | | | |
| 128 | | | |
| blanko | | | |

*Buatlah grafik dengan konsentrasi sebagai sumbu X dan serapan (A) sebagai sumbu Y.*

**Tabel 2 : GLUKOSA – data untuk kurva kalibrasi**

**Konsentrasi stok glukosa = 150 mg/dl**

| [mg/dl] | konsentrasi | grup meja__ | grup meja__ |
|---|---|---|---|
| Stok | | | |
| 2 | | | |
| 4 | | | |
| 8 | | | |
| 16 | | | |
| 32 | | | |
| 64 | | | |
| 128 | | | |
| blanko | | | |

*Buatlah grafik dengan konsentrasi sebagai sumbu X dan serapan (A) sebagai sumbu Y.*

**Tabel 3. Absorbansi glukosa, urea dan trigliserida dalam plasma**

| ***Praktikan*** | **Glukosa** | **Urea** | **Trigliserida** |
|---|---|---|---|
| | | | |
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**Tabel 4. Absorbansi berbagai pengenceran glukosa**

| ***Pengenceran*** | **Glukosa** | **Urea** | **Trigliserida** |
|---|---|---|---|
| 0,1X | | | |
| 0,01X | | | |
| 0,001X | | | |
| 0,3X | | | |
| 0,03X | | | |
| 0,003X | | | |
| Factor 2 | | | |
| Factor 4 | | | |
| Factor 8 | | | |
| Factor 16 | | | |
| Factor 32 | | | |
| Factor 64 | | | |
| Factor 128 | | | |

**Tabel 5 Hasil pemeriksaan glukosa, trigliserida dan urea plasma mahasiswa**

| **detil[2] mhs** (berapa lama sejak makan; rata-rata apa yg dimakan; jenis kelaminan; umur) | GLUKOSA | | TRIGLISERIDA | | UREA | |
|---|---|---|---|---|---|---|
| | **A** | **kadar** | **A** | **kadar** | **A** | **kadar** |
| **1.** | | | | | | |
| **2.** | | | | | | |
| **3.** | | | | | | |
| **4.** | | | | | | |
| **5.** | | | | | | |
| **6.** | | | | | | |
| **7.** | | | | | | |
| **8.** | | | | | | |
| **9.** | | | | | | |
| **10.** | | | | | | |

***LaporanPraktikum Spektrofotometri:***

Buat laporan praktikum dengan kata-kata sendiri. Kalau ada perubahan dari yang ditulis di bahan penuntun praktikum ini, catatlah dalam laporan.

Hitung konsentrasi sampel dengan 2 cara, pertama; hitung konsentrasi sampel menggunakan rumus yang terdapat pada reagensia test kit, kedua; hitung konsentrasi sampel menggunakan kurva kalibrasi, gunakan Microsoft office excel untuk membuat kurva kalibrasi.

Bandingkan :

- konsentrasi yang diperoleh menggunakan rumus reagensia kit dengan kurva kalibrasi

- konsentrasi glukosa yang diperoleh menggunakan spektrofotometer dengan konsentrasi prediksi

Sebutkan 3 kesimpulan dari setiap grafik yang kalian buat, berikan komentar/pembahasan apakah sesuai atau tidak dengan Hukum Beer-Lambert)

Berilah komentar/pembahasan atas hasil yang kalian peroleh

Berikanlah saran pada praktikum spektrofotometri ini sehingga praktikum selanjutnya akan lebih baik lagi.

***Proposal untuk Praktikum Metabolisme II*** (dibuat masing-masing)

Buatlah proposal untuk percobaan lanjut mengenai metabolisme glukosa, trigliserida dan/atau urea. Dari data dan pengalaman Anda pada praktikum ini, pikirkan suatu hipotesis dan mendesain suatu percobaan yang bisa membuktikan hipotesis Anda itu benar atau tidak **dan** yang bisa diuji dalam konteks praktikum (ingatlah keterbatasan waktu dan alat!!)

Siapkan cara kerja/proposal yang lengkap dan jelas untuk percobaan yang Anda rencanakan (termasuk tujuan, pendahuluan singkat, alat dan bahan, langkah-langkah cara kerja dan bagaimana hasilnya akan dianalisa).

Proposal ini dikumpulkan (hardcopy) pada saat Anda ikut UTS.

Proposal akan di presentasikan oleh setiap praktikan, dan akan di join dengan praktikan yang memiliki kemiripan proposal

# Glucose GOD FS*

**Diagnostic reagent for quantitative in vitro determination of glucose in serum or plasma on photometric systems**

## Order Information

| Cat. No. | Kit size | |
|---|---|---|
| 1 2500 99 10 021 | R 5 x 25 mL | + 1 x 3 mL Standard |
| 1 2500 99 10 026 | R 6 x 100 mL | |
| 1 2500 99 10 023 | R 1 x 1000 mL | |
| 1 2500 99 10 704 | R 8 x 50 mL | |
| 1 2500 99 10 717 | R 6 x 100 mL | |
| 1 2500 99 10 917 | R 10 x 60 mL | |
| 1 2500 99 10 192 | R 4 x 60 mL | |
| 1 2500 99 10 952 | 6150 Tests on ADVIA 1650/1800 | |
| 1 2500 99 10 030 | 6 x 3 mL | Standard |

## Summary [1,2]

Measurement of glucose concentration in serum or plasma is mainly used in diagnosis and monitoring of treatment in diabetes mellitus. Other applications are the detection of neonatal hypoglycemia, the exclusion of pancreatic islet cell carcinoma as well as the evaluation of carbohydrate metabolism in various diseases.

## Method

"GOD-PAP": enzymatic photometric test

## Principle

Determination of glucose after enzymatic oxidation by glucose oxidase. The colorimetric indicator is quinoneimine, which is generated from 4-aminoantipyrine and phenol by hydrogen peroxide under the catalytic action of peroxidase (Trinder's reaction) [3].

$$\text{Glucose} + O_2 \xrightarrow{\text{GOD}} \text{Gluconic acid} + H_2O_2$$

$$2\,H_2O_2 + \text{4-Aminoantipyrine} + \text{Phenol} \xrightarrow{\text{POD}} \text{Quinoneimine} + 4\,H_2O$$

## Reagents

### Components and Concentrations

| | | |
|---|---|---|
| Phosphate buffer | pH 7.5 | 250 mmol/L |
| Phenol | | 5 mmol/L |
| 4-Aminoantipyrine | | 0.5 mmol/L |
| Glucose oxidase | (GOD) | ≥ 10 kU/L |
| Peroxidase | (POD) | ≥ 1 kU/L |
| **Standard:** | | 100 mg/dL (5.55 mmol/L) |

### Storage Instructions and Reagent Stability

The reagent is stable up to the end of the indicated month of expiry, if stored at 2 - 8 °C, protected from light and contamination is avoided. Do not freeze the reagents!
The standard is stable up to the end of the indicated month of expiry, if stored at 2 - 25 °C.
**Note:** It has to be mentioned, that the measurement is not influenced by occasionally occurring color changes, as long as the absorbance of the reagent is < 0.3 at 546 nm.

### Warnings and Precautions

1. The reagent contains sodium azide (0.95 g/L) as preservative. Do not swallow! Avoid contact with skin and mucous membranes.
2. Please refer to the safety data sheets and take the necessary precautions for the use of laboratory reagents.

### Waste Management

Please refer to local legal requirements.

### Reagent Preparation

Reagent and standard are ready to use.

### Materials required but not provided

NaCl solution 9 g/L
General laboratory equipment

## Specimen

Serum, heparin plasma or EDTA plasma
Separate at the latest 1h after blood collection from cellular contents.
Stability in plasma after addition of a glycolytic inhibitor (Fluoride, monoiodacetate, mannose) [4]:

| | | |
|---|---|---|
| 2 days | at | 20 - 25 °C |
| 7 days | at | 4 - 8 °C |
| 1 day | at | -20 °C |

Stability in serum (separated from cellular contents, hemolysis free) without adding a glycolytic inhibitor [2,5]:

| | | |
|---|---|---|
| 8 h | at | 25 °C |
| 72 h | at | 4 °C |

Discard contaminated specimens!

## Assay Procedure

***Application sheets for automated systems are available on request.***

| | |
|---|---|
| Wavelength | 500 nm, Hg 546 nm |
| Optical path | 1 cm |
| Temperature | 20 - 25 °C/37 °C |
| Measurement | Against reagent blank |

| | Blank | Sample or standard |
|---|---|---|
| **Sample or standard** | - | 10 µL |
| **Dist. water** | 10 µL | - |
| **Reagent** | 1000 µL | 1000 µL |

Mix, incubate 20 min. at 20 - 25 °C or 10 min. at 37 °C.
Read absorbance against the blank within 60 min.

## Calculation

With standard or calibrator

$$\text{Glucose [mg/dL]} = \frac{\Delta A\ \text{Sample}}{\Delta A\ \text{Std/Cal}} \times \text{Conc. Std/Cal [mg/dL]}$$

### Conversion factor

Glucose [mg/dL] x 0.05551= Glucose [mmol/L]

## N.S. BIO-TEC

# TRIGLYCERIDES (GPO/PAP)

*Enzymatic Colorimetric Determination of Serum Triglycerides*

Ref. 5 X 30 ml

### INTENDED USE

NS Biotec triglycerides reagent is intended for the in vitro quantitative determination of triglycerides in serum and plasma on both automated and manual systems.

### CLINICAL SIGNIFICANCE

Triglycerides are esters of the trihydric alcohol glycerol with 3 long chain fatty acids. They are the main lipids present in human plasma; the others are cholesterol, phospholipids, and non-esterified fatty acids. Triglycerides are synthesized in the intestinal mucosa by the esterification of glycerol and free fatty acids. They are then released into the mesenteric lymphatics and distributed to most tissues for storage. Triglycerides are the main storage lipids in humans, where they constitute about 95% of adipose tissue lipids. Elevated levels of triglycerides have been associated with high risk in severe atherosclerosis. High triglycerides levels and hyperlipidemia in general can be an inherited trait or can be secondary to disorders including diabetes mellitus, nephrosis, biliary obstruction, and metabolic disorders associated with endocrine disturbances[1-3].

### ASSAY PRINCIPLE

Triglycerides are generally determined by a combination of hydrolysis to glycerol and free fatty acids and measurement of the amount of glycerol released. The most commonly used methods involve alkaline hydrolysis and either chemical or enzymatic measurement of glycerol. Chemical means of analysis generally rely on measurement of the product of periodate oxidation of glycerol. Eggstein and Kreutz developed an enzymatic method for measuring glycerol released from triglycerides by alkaline hydrolysis[4]. This method was based on the coupled reaction sequence catalyzed by glycerol kinase, pyruvate kinase, and lactate dehydrogenase. A method for complete enzymatic hydrolysis to triglycerides avoiding the need for serum pretreatment was described by Bucolo and David, using a combination of lipase and at least one proteolytic enzyme[5]. Wahlefeld reported that certain esterases could be combined with a lipase to achieve complete triglycerides hydrolysis[6]. Both methods employed a coupled enzymatic reaction sequence[7] to measure glycerol. NS Biotec triglycerides reagent combines the use of lipoproteinlipase, glycerol kinase, and glycerol phosphate oxidase with the peroxidase/4-chlorophenol/4-aminoantipyrine system of Trinder[8] for the measurement of triglycerides in human serum. The series of reactions involved in the assay system are as follows:

1. Triglycerides are hydrolyzed by lipoprotein lipase (LPL) to glycerol and fatty acids.
2. Glycerol is then phosphorylated to glycerol-3-phosphate by ATP in a reaction catalyzed by glycerol kinase (GK).
3. The oxidation of glycerol-3-phosphate is catalyzed by glycerol phosphate oxidase (GPO) to form dihydroxyacetone phosphate and hydrogen peroxide ($H_2O_2$).
4. In presence of peroxidase (POD), the hydrogen peroxide ($H_2O_2$) formed effects the oxidative coupling of 4 - chlorophenol and 4-aminoantipyrine (4-AAP) to form a red-colored quinoneimine dye.

**Triglycerides** $\xrightarrow{LPL}$ **Glycerol+ fatty acids**

**Glycerol +ATP** $\xrightarrow{GK}$ **Glycerol-3-phosphate+ ADP**

**Glycerol-3-phosphate + $O_2$** $\xrightarrow{GPO}$ **Dihydroxyacetone phosphate+**

**$2\,H_2O_2$ + 4-AAP + 4-Chlorophenol** $\xrightarrow{POD}$ **Quinoneimine dye + $4\,H_2O$**

The intensity of the color produced is directly proportional to triglycerides concentration. It is determined by measuring the increase in absorbance at 500 – 550 nm.

### EXPECTED VALUES

| | |
|---|---|
| Males: | 40 – 160 mg/dl (0.45 – 1.82 mmol/l) |
| Females: | 35 – 135 mg/dl (0.4 – 1.54 mmol/l) |

For the recognition of the risk factor hyper-triglyceridemia. The following limits are recommended:

| | |
|---|---|
| Suspicious | >150 mg/dl (1.71 mmol/l) |
| Elevated | >200 mg/dl (2.28 mmol/l) |

Each laboratory should investigate the transferability of the expected values to its own patient population and if necessary determine its own reference range. For diagnostic purposes, the triglycerides results should always be assessed in conjunction with the patient's medical history, clinical examination, and other findings.

### REAGENTS

| | | |
|---|---|---|
| $R_1$ | Triglycerides standard | 200 mg/dl |
| | Pipes buffer, pH 7.8 | 50 mmol/l |
| $R_2$ | p-Chlorophenol | 2.0 mmol/l |
| | Lipoprotein lipase | 1500 U/l |
| | Glycerolkinase | 800 U/l |
| | Glycerol phosphate oxidase | 4000 U/l |
| | Peroxidase | 440 U/l |
| | 4-Aminoantipyrine | 0.4 mmol/l |
| | ATP | 0.3 mmol/l |
| | Mg2+ | 40 mmol/l |
| | Sodium cholate | 0.2 mmol/l |

**Reagent Preparation & Stability**

All reagents are ready for use and stable up to the expiry date given on label when stored at 2–8°C.

### SPECIMEN

Serum or plasma* from fasting patients.

- The only accepted anticoagulants are heparin and EDTA.

**Specimen Preparation & Stability**

Patients should refrain from eating for 10 to 14 hours before blood is drawn. Samples must be drawn in a soap and glycerol free collection device.

Blood should be collected by venipuncture, after the patient has been in a seated position for at least 5 minutes. Tourniquet usage should be kept to a minimum and the specimen should be allowed to clot for 30 minutes at room temperature[9].

The best specimen is unhemolysed serum, and should be analyzed on the day of collection. Specimens are stable for 7 days when stored at 4°C; several months at –20°C and for years at –70°C[1].

### PROCEDURE

- **Manual Procedure**

| | |
|---|---|
| Wavelength | 500 - 550 nm |
| Cuvette | 1 cm light path |
| Temperature | 20-25 or 37 °C |
| Zero adjustment | against reagent blank |
| Specimen | Serum or plasma |

| | Blank | Standard | Specimen |
|---|---|---|---|
| $R_2$ | 1.0 ml | 1.0 ml | 1.0 ml |
| Standard | ..... | 10 µl | ..... |
| Specimen | ..... | ..... | 10 µl |

Mix, incubate for 5 minutes at 37°C or 10 minutes at 20-25°C. Measure the absorbance of specimen ($A_{specimen}$) and standard ($A_{standard}$) against reagent blank.

The color is stable for 60 minutes.

- **Automated Procedure**

User defined parameters for different auto analyzers are available upon request.

### *CALCULATION*

Calculate the triglycerides concentration by using the following formulae:

Triglycerides Concentration=

$$\frac{\text{Absorbance of Specimen}}{\text{Absorbance of Standard}} \times \text{Standard}$$

- **Unit conversion**

mg/dl x 0.0114 = mmol/l

### *LINEARITY*

When run as recommended, the assay is linear up to 900 mg/dl (20.7 mmol/l).

If result exceeds 900 mg/dl (10.26 mmol/l), specimen should be diluted with 0.9% NaCl solution and reassayed. Multiply the result by the dilution factor.

### *SENSTIVITY*

The sensitivity is defined as the change of analytical response per unit change in analyte concentration at a path length of 1 cm.

When run as recommended the sensitivity of this assay is 3.0 mg/dl (0.034 mmol/l).

### *QUALITY CONTROL*

It is recommended that controls (normal and abnormal) be included in:

- Each set of assays, or
- At least once a shift, or
- When a new bottle of reagent is used, or
- After preventive maintenance is performed or a clinical component is replaced.

Commercially available control material with established triglycerides values may be routinely used for quality control.

Failure to obtain the proper range of values in the assay of control material may indicate:

- Reagent deterioration,
- Instrument malfunction, or
- Procedure errors.

The following corrective actions are recommended in such situations:

- Repeat the same controls.
- If repeated control results are outside the limits, prepare fresh control serum and repeat the test.
- If results on fresh control material still remain outside the limits, then repeat the test with fresh reagent.
- If results are still out of control, contact NS Biotec Technical Services.

### *INTERFERING SUBSTANCES*

- **Anticoagulants:**

The only acceptable anticoagulants are heparin and EDTA.

- **Bilirubin:**

No interference from free bilirubin up to level of 10 mg/dl and from conjugated bilirubin up to a level of 12 mg/dl.

- **Drugs:**

Methyldopa and noramidopyrine causes artificially low triglycerides values at the tested drug level. For a more comprehensive review of drugs affecting triglycerides assays refer to the publication by Young[9].

- **Haemoglobin:**

No interference from haemoglobin up to a level of 600 mg/dl.

- **Lipemia:**

Extremely lipemic samples can produce a normal triglycerides result (triglycerides grater than 3000 mg/dl).

- **Others:**

Ascorbic acid levels higher than 2.0 mg/dl decrease the apparent triglycerides concentration significantly.

### *WARNING & PRECAUTIONS*

- NS Biotec triglycerides reagent is for in vitro diagnostic use only. Normal precautions exercised in handling laboratory reagents should be followed.
- Warm up working solution to the corresponding temperature before use.
- The reagent and sample volumes may be altered proportionally to accommodate different spectrophotometer requirements.
- Valid results depend on an accurately calibrated instrument, timing, and temperature control.
- The reagent blank will not exceed an absorbance of 0.06 but don't use the reagent if it is turbid or if the absorbance is greater than 0.2 at 500 nm.
- Extremely lipemic specimens can produce a normal result. Dilute specimens' 1+4 with saline and reassayed. Multiply the result by 5.

### *BIBLIOGRAPHY*


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| | |
|---|---|
| | Consult Instruction for Use |
| | Caution Consult Accompanying Documents |
| IVD | In Vitro Diagnostic Medical Device |
| | Temperature Limitation |
| | Manufacturer |
| EC REP | Authorized Representative in The European Community |
| REF | Catalogue Number |
| LOT | Batch Code |
| | Use By |


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# UREA

**Principle**

$$\text{Urea} + H_2O \xrightarrow{\text{Urease}} 2NH_4^+ + CO_3^{2-}$$

$$2NH_4^+ + \text{Salicylate} + \text{Hypochlorite} \longrightarrow \text{Indophenol derivative}$$

**Reagents**

**Kit 5 x 100 ml (Ref.99 36 48).** Contents:

| | |
|---|---|
| A. 5 x 100 ml. Urease / Salicylate. | (Ref. 99 21 04) |
| B. 1 x 15 ml Alkaline hypochlorite. | (Ref. 99 14 75) |
| C. 1 x 5 ml Standard. | (Ref. 99 02 41) |

Aqueous solution of Urea equivalent to 40 mg / dl. (6.6 mmol/L). Ready-to-use.

**Working reagent**

**A.** Dissolve the contents of the Urease/Salicylate vial with the volume of deionized water stated on the label.

The concentrations in the working reagent are:

| | |
|---|---|
| Phosphate buffer pH 6.8 | 20 mM |
| Sodium salicylate | 61 mM |
| Sodium nitroprusiate | 3.4 mM |
| EDTA-$Na_2$ | 1.34 mM |
| Urease | ≥ 23 U/ml |
| Stabilizers | |

**B.** Dilute the contents of the Alkaline hypochlorite vial up to 500 ml. of deionized water.

Concentrations of reagent solution are:

| | |
|---|---|
| Alkaline hypochlorite | 7.5 mM |
| NaOH | 160 mM |

**Storage and stability**

The components of the kit, stored at 2-8°C, will remain stable until the expiration date stated on the label. Once the Urease/Salicylate vial has been dissolved, will remain stable for 3 weeks, if stored in amber bottle at 2-8° C. The Alkaline hypochlorite solution will remain stable for 8 months, if stored in the same way.

**Sample**

Serum,plasma and urine. Urea will remain stable in serum for at least 1 day at room temperature (≤ 25°C), 5 days at 2-8°C and 6 months when frozen (-20° C). In urine, urea will remain stable,when kept at 2-8°C, for 5 days, provided that the pH value be lower than 4.
If a urine sample is to be assayed, it should be previously diluted 1/100 with deionized water.
Multiply the final result by 100.

**Caution**

Reagent **B**: In case of contact with the skin, mucose or eyes, wash thoroughly with water and ask the physician.
The reagent **A** contains Sodium azide at 0.09%. Handle with care. The disposal of the residues has to be made according to legal local regulations.

| **Procedure** | **BL** ml | **SA** ml | **ST** ml |
|---|---|---|---|
| Standard | — | — | 0.01 |
| Sample | — | 0.01 | — |
| Reagent A | 1.00 | 1.00 | 1.00 |
| | Mix and incubate 3 min. at 37°C. or 5 min. at room temperature (≤ 25°C). | | |
| Reagent B | 1.00 | 1.00 | 1.00 |
| | Mix and incubate again 3 min. at 37°C. or 5 min. at room temperature (≤ 25°C). | | |

**Reading**
Wavelength: Hg 578 nm; 600 nm.
Blank: The contents of the BL tube.
Colour stability: 4 hours.

**Calculations**

$$\frac{\text{SA O.D.}}{\text{ST O.D.}} \times 40 = \text{mg urea / dl}$$

**S.I. Units**
(mg/dl) x 0.1665 = mmol/L

**Normal values**
Serum, plasma: 15 - 45 mg/dl.
Urine: 20 - 35 g / L.

**Performance Characteristics**

Linearity: Up to 400 mg/dl of Urea. For higher values, dilute the sample 1/2 in deionized water and assay once again. Multiply the final result by 2.
The analytical performance characteristics of the product depend both of the reagent and the reading system used, manual or automatic. The following data have been obtained manually.

Intraseries Variation Coefficient: 1.66%
Interseries Variation Coefficient: 2.05%
Recovery: 97.9 %.

Any glassware contamination by ammonium salts or ammonia should be avoided. Serum samples should be free from hemolysis and turbidity. Fluoride as well as ammonium heparinate inhibit the reaction.

**Quality control**

Seriscann Normal (Normal Control Serum)
(Ref. 99 41 48) and Seriscann Anormal (Abnormal Control Serum) (Ref. 99 46 85).

**References**

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